

Time	Sunday 20 October 2019		
1030-1900	Registration		
1230-1400	<b>Workshop 1</b>	<b>Workshop 3</b>	<b>Workshop 4</b>
	<b>Introduction to Nutritional Psychiatry</b> Presenters: Felice Jacka, Tetyana Rocks, Wolfgang Marx	<b>Design, implement and publish a single case experimental design</b>  Presenter: David Veale	<b>Launching an International Multisite Clinical Trial in Nutritional Psychiatry: Lessons Learned on the Frontline</b>  Presenters: Leanna Perez, Brenda Leung, Jeanette Johnstone, Irene Hatsu
1400-1430	Afternoon tea		
1430-1600	<b>Workshop 2</b>	<b>Workshop 3</b>	<b>Workshop 5</b>
	<b>Nutritional Psychiatry on the Front Lines</b> Presenters: Laura LaChance, Uma Naidoo, Emily Deans	<b>Design, implement and publish a single case experimental design</b>  Presenter: David Veale	<b>Nutritional and dietary interventions for ADHD and related developmental and psychiatric conditions: a FAB Research workshop</b>  Presenters: Alex Richardson, Rachel Gow, David Rex
1700-1815	Plenary 1 + Opening remarks (40mins, 5mins questions) - Felice Jacka  Plenary 2 (25mins, 5mins questions) - Kimberley Wilson		
1820-1920	Welcome drinks		
1920-onwards	Early Career Researchers Social Event		

Time	Monday 21 October 2019		
0730-1700	Registration		
900-1030	Plenary session (25mins, 5mins questions) - Tim Spector		
	Plenary session (25mins, 5mins questions) - Marjolien Vissor		
	Panel Discussion (30mins) - Research Methods in Nutritional Psychiatry: Challenges and Opportunities		
1030-1100	Morning Tea and Poster Viewing		
1100-1230	<b>Symposium 1</b>	<b>Symposium 2</b>	<b>Symposium 3</b>
	<b>Micronutrients for Mental Illness</b> Presenters: Kathleen Holton, Julia Rucklidge, Jeanette Johnstone, Lewis Mehl-Madrona	<b>Omega-3 Fatty Acids in Management of Depression and Anxiety: From Evidence to Dissemination to Practice</b> Presenters: Yutaka Matsuoka, David Mischoulon, Ta-wei Guu, Cherry Hui-Chih Chang	<b>The Impact of Dietary Interventions on Inflammation and Clinical Outcomes in Schizophrenia</b> Presenters: Deanna Kelly, Stephanie Flowers, Vicki Ellingrod
1230-1330	Lunch		
1330-1500	<b>STREAM: Mechanisms and novel pathways for mental illness and brain function</b>	<b>STREAM: Mental health in childhood and adolescence</b>	<b>STREAM: Late Breaking abstract session</b>
	Microba Abstract: Gut microbiome and mental health Presenter: Alena Pribyl	Dietary and physical activity risk behaviours and health-related quality of life: baseline findings of the Australian Goulburn Valley health behaviours monitoring study and implications for mental health prevention Presenter: Erin Hoare	6x Late breaking
	The impact of nutrition on brain function underlying decision making Presenter: Soyoung Park	Maternal vitamin D and the developing brain: implications for psychiatry Presenter: Darryl Eyles	
	Mendelian Randomization for Causal Inference in Nutritional Psychiatry: Current Evidence, Opportunities and Challenges Presenter: Rebecca Carnegie	Qualitative Inquiry within a Clinical Trial Evaluating Micronutrients for ADHD Youth: The "MADDY" Study Presenter: Brenda Leung	
	Modification of the gut microbiome using ketogenic diet in an NMDA-receptor hypofunction model of schizophrenia Presenter: Ann-Katrin Kraeuter	Dietary fibre intake and depressive symptoms in adolescents; is the relationship confounded by inflammation and lifestyle? Presenter: Olivia Swann	

	Relationship between striatal dopamine receptor availability and body weight under controlled dietary conditions Presenter: Valerie Darcey	Technology-Enabled Collaborative Care for Youth (TECC-Y): A Feasibility RCT Targeting Health Behaviours in Youth with Early Psychosis Presenter: Laura LaChance	
	N-3 fatty acid and iron depletion, alone and in combination, during early development negatively affects behaviour in rats Presenter: Erna Kemp	Estimating Strength of Associations Between Prenatal Diet Quality and Child Developmental Outcomes – Results From a Large Prospective Pregnancy Cohort Presenter: Tiril Borge	
1500-1530	Afternoon tea and Poster Viewing		
	<b>Symposium 4</b>	<b>Symposium 5</b>	<b>Symposium 6</b>
1530-1700	<b>The role of nutrition and nutrient supplementation in mental illness: Exploring the latest top tier evidence.</b> Presenters: Philip B. Ward, Brendon Stubbs, Scott Teasdale, Joseph Firth	<b>The role of Omega-3 and other dietary fats in neurodevelopmental and mental health conditions – from research to practice</b> Presenters: Alex Richardson, Michael Crawford, Brian Hallahan	<b>Schizophrenia as a disease of energy metabolism: A perspective for nutritional interventions</b> Presenters: Zoltan Sarnyai, Toby Pillinger, Robert MacCullumsmith
1900 - 2300	Conference Dinner - Ironmongers' Hall		

Time	Tuesday 22 October 2019		
0730-1700	Registration		
900-1030	Plenary session (25mins, 5mins questions) - Craig Nossel Plenary session (25mins, 5mins questions) - Kevin Whelan Plenary session (25mins, 5mins questions) - Margaret Morris		
1030-1100	Morning Tea and Poster Viewing		
1100-1230	<b>Symposium 7</b>	<b>Symposium 8</b>	<b>Symposium 9</b>
	<b>Dietary influences on neurocognition across the lifespan</b> Presenters: Andrew Scholey, Lauren Owen, Sandra Sünram-Lea, Alison Coates, Eef Hogervorst, David Smith	<b>Moving Toward Nutrition Standards in Substance and Alcohol Use Disorder Treatment</b> Presenters: Valerie Darcy, Kelly Ratteree, David Wiss	<b>Psychobiotics - Modulating the microbiota-gut-brain axis to improve cognitive function and behaviour</b> Presenters: Gerard Clarke, Phil Burnet, Yolanda Sanz, Lucile Capuron, Kirsten Berding Harold
1230-1330	Lunch and ISNPR AGM		
1330-1500	<b>STREAM: Micronutrients and nutraceutical interventions for mental health</b> Broad Spectrum Micronutrient Formulas for the Treatment of Psychiatric Symptoms in Clinical Samples: A Meta-analysis of RCTs Presenter: Andrew Hughes	<b>STREAM: Mental health and chronic disease</b> Is a diabetes diagnosis or blood glucose a better predictor of depressive symptoms in the 2-years following Acute Coronary Syndrome? Presenter: Adrienne O'Neil	<b>STREAM: Diet-focused treatments for mental health</b> A systematic literature review on the influence of prenatal and childhood nutrition on the development and endurance mental health issues in childhood: results of the Food4Thought review study. Presenter: ISM van der Wurff
	Is More Merrier...? An Appraisal of Multi-Nutrient Formulations for Depression Presenter: Jerome Sarris	Elimination of additive-rich cordials improves agitation in severe dementia Presenter: Alexandra Seewann	A systematic literature review on the relation between dietary patterns and depression risk among adults: results of the Food4Thought review study. Presenter: D de Ruijter
	Omega-3 fatty acid deficiency compromises the resolving capacity in rats with a pro-inflammatory hippocampal lipid-mediator profile induced by iron deficiency Presenter: Jeannine Baumgartner	Long- and Short-term Associations of diet quality with Risk of Dementia Presenter: Tasnime Akbaraly	Healthy Dietary Patterns from Youth to Old Age in Relation to Late Life Depression in the population-based AGES-Reykjavik Study Presenter: Bryndis Eva Birgisdottir
	Nutrient Supplementation for Substance Use Disorder Recovery: A Systematic Review Presenter: Christopher Jenney	Fear of cancer recurrence among breast cancer survivors could be controlled by prudent dietary modification considering polyunsaturated fatty acids and gut microbiota Presenter: Yutaka Matsuoka	The role of dietary patterns in depression: An overview of the evidence. Presenter: Megan Lee
	A systematic review and meta-analysis of B vitamin supplementation on depressive symptoms, anxiety and stress: effects on healthy and 'at-risk' individuals Presenter: Lauren Young	A Low Glutamate Diet Reduces Anxiety and PTSD Symptoms in Veterans with Gulf War Illness Presenter: Kathleen Holton	Ketogenic Diet for psychotic disorders: feasibility of randomised controlled pilot study in psychotic inpatients (PsyDiet) Presenter: Anu Ruusunen
			Diet and Psychosis: A Scoping Review Presenter: Monique Aucoin
1500-1530	Afternoon tea and Poster Viewing		
1530-1730	Plenary session (25mins, 5mins questions) - Kuan Pin Su Plenary session (25mins, 5mins questions) - Robert MacCullumsmith Plenary session (25mins, 5mins questions) - Julia Rucklidge		
	Conference prizes and summary		